

## Pink Lady® and sparkling rosé sorbet

Not your average dessert. This grown-up treat is refreshing and light, perfect for summer.

Makes about 1.2L



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## Ingredients:

- ♥ 6 Pink Lady® apples, cored and cubed
- Juice (60ml) of 1 lemon
- 1 cup (250ml) Pink Lady® apple juice
- ½ cup (100g) sugar
- 4 sprigs mint
- 2 cups (500ml) rosé sparkling wine
- ½ packet (100g) frozen raspberries
- Sugar cones, apple slices, raspberries and mint, for serving (optional)

## Method:

- 1. Toss apple cubes in lemon juice and place in a freezer-safe bowl or resealable bag.
- 2. Freeze until rock hard, about 4 hours or overnight.
- 3. Make a simple syrup by combining apple juice, sugar and mint in a saucepot. Stir until sugar dissolves.
- 4. Set aside for 15 minutes to infuse and cool, then discard mint.
- 5. Place syrup, rosé sparkling wine, raspberries and apples in a blender and blitz to create a smoothie-like frozen texture. (You can choose to strain the mixture at this point.)
- 6. Pour mixture into a 2L plastic container.
- 7. Cover with clingfilm and freeze for 8-12 hours, or until firm and frozen.
- 8. Serve on cones or in bowls with fresh berries, apple slices and mint, if you like.





